



Friday, 16th May 2025

Dear Summerswood Families,

It has been a very busy week at Summerswood! Here's this week's news and reminders.

Miss Kneller's Assembly – A Lesson in Resilience



This Monday, my assembly came to students virtually as our Year 6 pupils were busy with their SATs. I shared a message about perseverance and resilience—encouraging everyone to always try their hardest and not to give up, even when things don't go as planned. The children were inspired to reflect on how they tackle challenges, and it was a perfect way to start the week.

Thank you to everyone for your positivity and encouragement for our Year 6 team who stayed focused each morning completing their Statutory Assessments (SATs). The whole school supported Year 6 this week - thank you to staff who helped during the free breakfast club held each morning, to staff who supported in classrooms invigilating or being a reader to identified children, as well as the rest of the school who planned lessons without their regular adults. Thanks to our Year 6 parents for making sure they got a good night's sleep and were feeling positive and ready for the week.

Attendance week ending 9th May 2025

RPeterPan	RRosen	1Anning	1Donaldson	2Attenborough	2Johnson	3Rashford
93.5%	92.5%	99.5%	94.7%	94.0%	98.6%	100% ★
3Wicks	4Queen	4Thunberg	5Boseman	5Southgate	6Malala	6Obama
98.2%	97.1%	93.3%	89.9%	94.5%	92.1%	95.2%

We are very pleased to share that class 3R achieved 100% attendance last week. The children will be able to come in to school in their own clothes on Monday as a reward. Well done, 3R!

We hope to see lots more classes achieving 100% attendance before the end of the Summer Term

A Gentle Reminder About School Access

We'd like to remind parents and carers about entering the school site at the beginning and end of the day. For everyone's safety, please make sure you're with a member of staff if you need to come into the building. We kindly ask that you don't follow behind staff when the doors open. If you have any queries or need assistance, our wonderful front office team is always happy to help.

Parking Considerately – Let's Keep Summerswood Safe

The parking situation on nearby side roads continues to be a challenge. We've received more photos this week showing driveways blocked and roads becoming very narrow when cars are parked on both sides. Please park thoughtfully to ensure our neighbours' driveways are accessible and the roads remain safe for everyone, especially our children. Together, we can make a positive difference!



Gardening club



Gardening Club is now back up and running every Thursday after school. We would be very grateful for any donations of bags of compost and topsoil and seeds (vegetable and plant).

Parent and Carer Coffee Afternoon

The next coffee afternoon will be held next Thursday from 2.15pm in the school hall. In a change from what was originally billed this will be an opportunity to chat over a coffee or tea and enjoy some lovely biscuits and cakes. Please come through the front entrance and sign in at the school office. Contact Mrs Brown for more information on her class email address:

rosen@summerswood.herts.sch.uk



Victory in Europe Day Visitor - Year 5/6



On Friday, the Year 5 and 6 students were very lucky to have Mrs Gibson come in and talk to us about VE Day and her life during World War 2. She told us what it was like during air raids and how she was kept safe under the stairs in her house. She also talked about living with food rations and even showed us a book they used to record them—it was really interesting! Mrs Gibson told us about the shelters people used to stay in during the raids and what they were made of. We also got the chance to ask her

questions, which helped us understand even more about what life was like back then. At the end, she played some songs on the piano that people used to sing in the shelters to help keep everyone's spirits up. It was amazing!

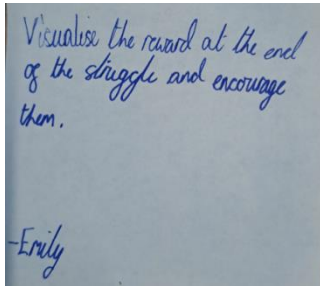


A massive thank you to Mrs Kathleen Gibson and Mrs Debbie Bell for visiting our school. It was thoroughly enjoyed by all students and staff.

- **(This section was written by: Joe and Mia (Year 5))**

Children's Mental Health week

As part of Children's Mental Health Week, we asked the children, Families and staff "What advice would you give someone to encourage them to persevere (not give up)?" This week's brilliant suggestion is:



“Visualise the reward at the end of the struggle and encourage them”

Thank you for your continued support in making Summerswood a wonderful place to learn, grow, and thrive. Wishing you all a restful and happy weekend.

Kind Regards
Sarah Kneller

Headteacher

Dates to Remember

Date	Event
Friday 16 th May 2025	Early Years Cake Sale
Wednesday 21 st May 2025	2J and 2A joint class Assembly
Wednesday 21 st May 2025	Reception Trip to Borehamwood Library
Thursday 22 nd May 2025	Parent Coffee Afternoon 2.15-3pm
Thursday 22 nd May 2025	Y5 (old 5S) to Hertswood for Vocal Concert
Friday 23 rd May 2025	School finishes at normal times for Half Term
Monday 26 th May- Friday 30 th May	Half Term
Monday 2 nd June 2025	Start of Summer Term 2
Tuesday 3 rd June 2025	Summerswood Sunflower Growing Challenge begins
Monday 16 th -Friday 20 th June 2025	Sports week
Tuesday 17 th June 2025	Sports Day
Thursday 19 th June 2025	Parent Coffee Afternoon 2.15-3pm
Friday 20 th June 2025	Colour run
Monday 23 rd June	INSET DAY- No pupils in School
Friday 4 th July 2025	WOODFEST 4.30pm-8pm- School Field
Tuesday 15 th July 2025	Year 6 Production- Performance to Parents and children under 5- 2-3pm
Wednesday 16 th July 2025	Year 6 Production- Performance to Parents and children under 5- 2-3pm
Wednesday 16 th July 2025	Performance to Parents NO children under 5- 5-6pm
Thursday 17 th July 2025	Parent Coffee Afternoon 2.15-3pm
Monday 21 st July 2025	Summerswood Sunflower Growing Challenge- Judging
Monday 21 st July 2025	Leavers dinner 5-6pm in the School Hall.
Tuesday 22 nd July 2025	Last day of Term for Nursery
Wednesday 23 rd July 2025	Year 6 leavers Assembly- Families welcome
Wednesday 23 rd July 2025	Last Day of Term- School finishes at 1.30pm

Need a cheap healthy recipe to make this weekend?

At Beezee Families, we work with hundreds of families who want to eat healthier, but struggle with time AND finding something everyone will eat. Sounds familiar?

Check out our healthy pizza below for a taste of our recipe selection!



Ingredients:

1x8 inch tortilla wrap (or you can use pitta bread)

Tomato passata

30g grated light mozzarella or cheddar

Toppings of your choice, such as:

- Peppers
- Mushrooms
- Sweetcorn
- Pineapple
- Ham
- Spinach
- Tomatoes



Method

- Place tortilla/pitta bread on a plate and spread tomato passata over it
- Add your chosen toppings
- Sprinkle with the grated cheese
- Microwave on high until the cheese is just melted (45 seconds), or place in a pre-heated oven at 200/gas mark 6 for 5-10 minutes
- Leave to cool for a few minutes and then enjoy!

Want more help with recipes?

We run FREE healthy lifestyle programmes to help families like yours make healthy habits, and have fun while doing so! Secure your spot today

Our courses are for families with children aged 5+ and above their ideal weight.

Sign up today!



hrt.maximusuk.co.uk

Scan the code

...or click here
to find out more



Beezee
FAMILIES



Co-parenting with Care programme for parents with children with SEN.

This 6-week online programme offers a structured approach to help you navigate your unique challenges, improve your relationship, and create a more supportive environment for your SEN child/ren .



The programme covers themes including:

- Understanding SEN and its impact on children and family dynamics
- Effective Communication Skills
- Managing Emotions & Stress
- Collaborative Problem Solving
- Building a Supportive Network
- Creating a Unified Parenting Approach

These 2 courses will be delivered via MS Teams, over 6 sessions on the following dates/times:

Date: Wednesday 4, 11, 18, 25 June & 2, 9 July 2025

Time: 9.30am to 11.30am

Date: Thursday 5, 12, 19, 26 June & 3, 10 July 2025

Time: 7.00pm to 9.00pm

For more information or to make a referral, scan the QR code, email services@familylives.org.uk or call 0204 522 8700 or 0204 522 8699

SCAN ME



We build better family lives together

www.familylives.org.uk

 @FamilyLivesHertsandBeds



Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722. Registered address: The Annex York House, Salisbury Square, Hatfield, Hertfordshire, AL9 5AD

HERTSMERE MHST WOW CAMP 2025

FREE NHS WELLBEING CAMP FOR 8-12 YEAR OLDS
Note you can sign up for specific days, and not just the whole week



Hertsmere MHST Wow Camp



• DATES •

28th July – 1st of August

• TIME •

09:30am – 14:30pm

• LOCATION •

St. Margaret's School
Merry Hill Rd, Bushey WD23 1DT

• ACTIVITIES •

Meeting new people.
Wellbeing Workshops involving psychoeducation.
Access to qualified Mental Health Practitioners.
Arts, crafts, baking, games, sports, and more.

• REGISTER INTEREST HERE •

<https://docs.google.com/forms/d/e/1PATE-QLS29KFA47mVACQc44e2Q3iljF2k3Tvu0TzW7uN9FmC18QzTm/viewform?usp=header>



Family Lives Summer Term Programme 2025



Bringing Up Confident ADHD/ASD Children (6 weeks) Online group

Thursday 15 May to 26 June 9.30am - 11.30am

If your child has ADHD/ASD, or you think they might, join our online 6-week group where you will receive support from other parents and gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school.

Getting on with Your Pre Teen/Teenager (6 weeks) Online group

Wednesday 4 June to 9 July 7.00 pm - 9.00 pm

Is your teen feeling anxious or isolated? Are you concerned about their mental health and struggling to get help? Maybe you have an FFA/CIN/CP in place and need more support. Join our free 6-week online group to learn how parents can best emotionally support their teen and feel confident and prepared for whatever challenges might arise.

Less Shouting, More Cooperation (6 weeks) Online group

Friday 6 June to 11 July, 9.30 am - 11.30 am

Do you feel you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Sorting Out Family Arguments (6 weeks) Online group

Tuesday 10 June to 15 July 7.00pm - 9.00pm

Do you feel everything ends in an argument and you are constantly trying to keep the peace? Join our free online 6-week group to help improve family communication, reduce the reactions which lead to arguments and create a culture of teamwork in your family.

Anxiety around ADHD Online Workshop

Tuesday 24 June 9.30am - 11.30am

A workshop that helps parents understand ADHD and provides strategies to help support you and your child.

Reducing Conflict Online Workshop

Date TBC

A workshop that explores different types of conflict between couples and families.

For more information, please contact Louise or Lesley on **0204 522 8700/8701**, or email **services@familylives.org.uk**. Please scan our QR code for our referral form.



Scan Me!

Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722. Registered address: The Annex York House, Salisbury Square, Hatfield, Hertfordshire, AL9 5AD

