



Friday 13th June 2025

Dear Summerswood Families,

Miss Mitchell's Assembly



Miss Mitchell led assemblies on making good choices and how we all have the power to make our own decisions. We talked about when friends are doing the wrong thing, we don't have to join them. If we see someone else making wrong choices - we don't have to copy - we are able to say 'no' and make our own decision to take a more positive path.

Attendance week ending 6th June 2025

Reception Rosen	Reception Peter Pan	1Anning	1Donaldson	2Attenborough	2 Johnson	3 Wicks
92.5%	90.7%	90.3%	93.6%	96.1%	95.7%	94.2%
3 Rashford	4 Thunberg	4 Queen	5 Boseman	5 Southgate	6 Malala	6Obama
87.4%??	87.5%	95.1%	93.8%	88.1%	100%	94.2%

Well done to 6 Malala, who achieved 100% attendance last week! As it is sports week next week, the children can come into school in their own clothes on Monday 23rd June.

Sports Week - 16th-20th June

We are all excited for Sports week next week! Please remember that the children will need to wear school PE kit during this week (no football kits) as per the school PE kit uniform policy. Please can they wear a t shirt of their house colour on Monday 16th and Tuesday 17th as children will be earning house points throughout the activities. Ask your child's teacher if you are unsure of your child's house colour.



Tuesday 17th June 2025

KS2 Sports Day (Years 3-6) - 9.15-11.15am - Parents Welcome

Reception-Year 2 Sports Day - 1.30pm-3pm - Parents Welcome

Friday 20th June 2025

Colour Run (Nursery) 11.20am- Parents are able to watch their children from the Nursery drop off gates

Colour Run (Reception to Year 6) from 1.10pm - Parents Welcome

We look forward to seeing you all for these fun events!

Please note that on Tuesday 17th and Friday the 20th the school dinner options will be either a ham roll or a cheese roll- please note that hot options will not be available on these days. Alternatively, your child can bring in a packed lunch from home.

Woodfest 2025

A reminder of important dates in the build up to Woodfest 2025:

- **Week commencing 16th June:** We're collecting new or pre-loved teddy bears for our Teddy Tombola, as well as any unwanted toys or gifts.
- **Wednesday 25th June:** Bring in bottles for our Bottle Tombola- soft drinks, alcoholic beverages, or anything in between are welcome.
- **30th June – Rock Kidz Day:** Rock Kidz will join us for a special school visit! Children are encouraged to dress like Rock Stars- whether sparkly, grungy, or glam- and bring a £1 donation. We can't wait to see how creative they (and their teachers!) will get.



Each class will earn extra playtime for bringing in Teddy Bears and Bottles. Let's come together to make this year's Woodfest an unforgettable celebration!



Tickets for Woodfest will go on sale today priced at just £6 per adult, with free entry for children aged 11 and under.

Year One Victorian Day

Yesterday, the year one children experienced a few hours of what it might have been like for Victorian children when they attended school. They wore typical outfits from the Victorian era, made bread and butter sandwiches, ate some Victoria sponge cake, and were taught lessons of handwriting, times tables and Victorian nursery rhymes and games.



The children learned a lot about how to greet guests into their classroom and how Victorian children lined up. The children really enjoyed this activity.



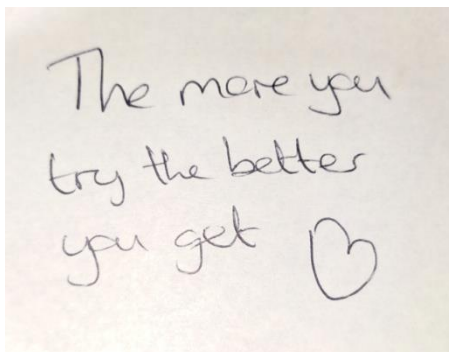
A change to Parents Coffee Afternoon

Next Thursday's coffee afternoon will be a little bit different. There will not be the usual coffee and biscuits... Instead, parents will get the opportunity to try out the climbing wall! If you would like to participate, please wear comfortable clothes and sensible shoes and meet Mrs Brown next to the school office at 2.15pm.



Children's mental Health Week

As part of Children's Mental Health Week, we asked the children, Families and staff "What advice would you give someone to encourage them to persevere (not give up)?" This week's brilliant suggestion is



“The more you try, the better you get”

Kind Regards

A handwritten signature in blue ink that reads "S Kneller".

Sarah Kneller

Headteacher

Dates to Remember

Date	Event
Monday 16 th -Friday 20 th June 2025	Sports week
Tuesday 17 th June 2025	Sports Day
Wednesday 18 th June 2025	1A Class Assembly
Thursday 19 th June 2025	Parent Coffee Afternoon 2.15-3pm- CLIMBING WALL
Friday 20 th June 2025	Colour run
Monday 23 rd June	INSET DAY- No pupils in School
Friday 4 th July 2025	WOODFEST 4.30pm-8pm- School Field
Tuesday 15 th July 2025	Year 6 Production- Performance to Parents and children under 5- 2-3pm
Wednesday 16 th July 2025	Year 6 Production- Performance to Parents and children under 5- 2-3pm
Wednesday 16 th July 2025	Performance to Parents NO children under 5- 5-6pm
Thursday 17 th July 2025	Parent Coffee Afternoon 2.15-3pm
Monday 21 st July 2025	Summerswood Sunflower Growing Challenge- Judging
Monday 21 st July 2025	Year 6 Leavers dinner 5-6pm in the School Hall.
Tuesday 22 nd July 2025	Last day of Term for Nursery
Wednesday 23 rd July 2025	Year 6 leavers Assembly- Families welcome
Wednesday 23 rd July 2025	Last Day of Term- School finishes at 1.30pm

SUMMERSWOOD SUNFLOWER GROWING COMPETITION

STARTS TUES 3RD JUNE 2025

- Every child will get the chance to grow a sunflower in their class
- Prizes for the tallest sunflowers in Early Years, Key Stage 1 and Key Stage 2 classes
- The judging will be on **Monday 21st July 2025**



**POTS &
SEEDS
WILL BE
PROVIDED**

**FOR MORE DETAILS PLEASE SPEAK TO MRS BROWN
GOOD LUCK TO YOU ALL & HAPPY GROWING!**



**SUPER
STAR
SPORT**

SUMMER ACTIVITY CAMP

Summerswood Primary School

Furzehill Rd, Borehamwood WD6 2DW

Week 1 - Thu 24th Jul - Fri 25th Jul

Week 2 - Mon 28th Jul - Fri 1st Aug

Week 3 - Mon 4th Aug - Fri 8th Aug

Week 4 - Mon 11th Aug - Fri 15th Aug

Week 5 - Mon 18th Aug - Fri 22nd Aug

Week 6 - Tue 26th Aug - Fri 29th Aug

PER DAY:

£14 Half day

£24.50 Full Day

Year 1-Year 6

(Reception half days only)

PER WEEK:

£100 Full week 4 dadys

£110 Full week 5 days

Early drop off available

**10%
SIBLING
DISCOUNT**

**MULTISPORT,
ARTS & CRAFTS +
DAILY SPECIAL
THEMES**

**BOYS &
GIRLS
WELCOME**



To Book: We accept child care vouchers

Visit www.superstarsport.co.uk 'Book Now'

For more info email operations@superstarsportnwl.com

Parent & Carer Support Autumn Term 2025



FREE to parents and carers living in Hertfordshire

TALKING TEENS

6, weekly sessions for parents and carers of children aged **12-19**, covering:

- The Teen Brain: physical and emotional changes taking place and why behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understand risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate and reduce conflict.



Tuesdays 7.45 - 9.15pm

16th Sep – 21st Oct

Online Course: ID 778

Thursdays 7.45 - 9.15pm

6th Nov – 11th Dec

Online Course: ID 777

TALKING ANGER in TEENS

6, weekly sessions for parents and carers of children aged **11-19**, supporting you to:

- Understand why children and adults get angry.
- Develop strategies to handle anger in yourself and others within your family.
- Recognise the early signs of anger.
- Reduce conflict and arguments.
- Encourage positive behaviour.



Tuesdays 7.45 - 9.30pm

4th Nov – 9th Dec

Online Course: ID 775

TALKING ADDITIONAL NEEDS

A 6-week group for parents and carers of children **2-19**, with any additional need. Your child does not need a diagnosis.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict.
- Improve emotional regulation.
- Explore sensory needs.
- Increase your child's resilience.
- Manage different needs in your family.



Wednesdays 7pm - 9pm

5th Nov – 10th Dec

Course ID 771

Watford, venue TBA

Wednesdays 9.45 - 11.15am

17th Sep – 22nd Oct

Course ID 770

TALKING FAMILIES

6, weekly sessions for parents and carers of children aged **0-12** sharing tips on:

- Managing challenging behaviour with consistency.
- Encouraging positive behaviour.
- Building your child's self-esteem.
- Setting and maintaining boundaries.
- Responding to tantrums and difficult feelings in children.
- Developing a strong parent/child relationship now and for the future.



Wednesdays 8.00 - 9.30pm

17th Sep – 22nd Oct

Online Course ID 774

Thursdays 9.45 - 11.15am

18th Sep – 23rd Oct

Online Course ID 772

Tuesdays 8.00 - 9.30pm

4th Nov – 9th Dec

Online Course ID 773

TALKING ANXIETY in TEENS

6, weekly sessions for parents and carers of children **12-19**, supporting you to:

- Understand why young people and adults get anxious.
- Develop strategies to handle anxiety in yourself and others within your family.
- Recognise the early signs of anxiety.
- Reduce stress and tension.
- Encourage resilient behaviour.



Tuesdays 7.45 - 9.30pm

16th Sep – 21st Oct

Online Course ID 776

TALKING DADS

6, weekly sessions for dads & male carers of children **0-19**, sharing information on:

- Improved listening and communication skills.
- A healthy dad-child relationship now and for the future.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad, you want to be.



Wednesdays 7.45 - 9.15pm

17th Sep – 22nd Oct

Online Course: ID 779

Wednesdays 7.45 - 9.15pm

5th Nov – 10th Dec

Online Course: ID 780

Booking essential. Please Quote the Course ID

To check eligibility and book a place, please contact Supporting Links on:

07512 709556 or bookings@supportinglinks.co.uk

These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund
Information taken on booking will be used to process your booking, check your eligibility, identify any access needs and will be stored in accordance with our GDPR policy which is available on request



How to Register



1

Go to: www.strengthening-families.net/parenting-courses



2

Select an age range for your course



3

Select a day of the week and time for your **group discussion** from the options available



4

Complete your contact details



5

Answer a short questionnaire



6

Click on 'Your profile' and you can start your course

If you need any help, email us at sfscparent@racefound.org.uk

Online
Course

strengthening families strengthening communities

Want to get some new ideas to help
you be the best parent you can be?
Enhance your relationship with your children?
Learning at a time that suits you?



6 online
sessions



6 group
discussions



Certificate on
completion

What to expect...

- Information on strategies and child development.
- Hear from other parents.
- Worksheets and hand-outs.
- Videos, quizzes and fun activities.
- Do sessions at a time that works for you.
- Expert help from a real person each week.
- Choose a course that suits your child's age.

Topics covered...

- Healthy relationships.
- Understanding and managing behaviour.
- Enhancing children's self-esteem.
- Emotions and empathy.
- What to expect for the age of your child.
- Being part of a community.

Group discussion...

1. Speak to a course expert and get answers to any questions you might have.
2. Talk about how the strategies are going at home and how to adjust them for you.
3. Address other difficulties relating to parenting.
4. Hear from others about what works for them.



Find out more or register for the course by scanning the
QR code or emailing us at: sfscparent@racefound.org.uk

Online
Course

Stronger Relationships

For parents and other adult carers living together or apart



- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?



6 online
sessions



6 group
discussions



Certificate on
completion

What to expect...

- Information on strategies to identify and reduce arguments.
- Hear from other parents and carers.
- Downloadable worksheets and hand-outs.
- Videos, quizzes and interactive activities.
- Do sessions at a time that works for you.
- Weekly support from our course experts.

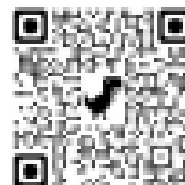
Topics covered...

- Healthy adult relationships.
- Identifying and managing disagreements.
- Understanding how conflict affects your children.
- Enhancing parent-child relationships.
- Managing stress, anger and emotions.
- Strategies to resolve conflict and create a parenting agreement.

Group discussion...

1. Speak to a course expert and get answers to some of the questions you might have.
2. Talk about how the strategies are going at home.
3. Address other difficulties relating to your relationships.
4. Hear from others about what works for them.

Find out more or register for the course by scanning the QR code or emailing us at: sfscparent@racefound.org.uk



strengthening
families
strengthening
communities



How to Register



1

Go to: www.strengthening-families.net/reducing-parental-conflict/



2

Select a course, either **Parenting Together** or **Parenting Apart**



3

Select a day of the week and time for your **group discussion** from the options available



4

Complete your contact details



5

Answer a short questionnaire



6

Click on 'Your profile' and you can start your course

If you need any help, email us at sfscparent@racefound.org.uk

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CARERS WEEK - YOUNG CARERS

Caring about Equality

- Could someone in your family be a young carer?
- A young carer cares for a **family member** who, due to illness, disability, a mental health condition or an addiction, **cannot cope without their support**.
- We are proud of our young carers and the care they provide. However, a young carer **may miss out** on extra support offered and opportunities in their education, careers and personal lives due to their caring role.
- You can get them further support by contacting the Young Carers Service at Carers in Hertfordshire.



THINK

REFER

SUPPORT



email: young.carers@carersinherts.org.uk



Visit: www.carersinherts.org.uk/young-carers

JUNE 2025 ACTIVITIES
SESSIONS FOR NEURODIVERGENT
CHILDREN/YOUNG PEOPLE AND SIBLINGS

Date	Sessions	Time
5th Thu	Bushcraft/Stem Home Ed 4 + yrs	10.30-12.00
6th Fri	Welcome Space Community Drop-In	10.00-12.30
6th Fri	Therapeutic Gardening Home Ed Group 8 + yrs	12.30-2.00
7th Sat	Free Family Football Drop-In Birchwood	16.00-17.00
12th Thur	Bushcraft/Stem Home Ed 4 + yrs	10.30-12.00
13th Fri	Welcome Space Community Drop-In	10.00-12.30
13th Fri	Therapeutic Gardening Home Ed Group 8 + yrs	12.30-14.00
13th Fri	Youth Group 16 + yrs	18.30-20.30
14th Sat	Basketball 8+ Birchwood Leisure Centre	16.00-17.00
17th Tue	Roller Skating Roller City WGC	18.00-19.30
19th Thur	Bushcraft/Stem Home Ed 4 + yrs	10.30-12.00
19th Thur	Trampoline 5 + yrs	17.20-18.30
20th Fri	Welcome Space Community Drop-In	10.00-12.30
20th Fri	Therapeutic Gardening Home Ed Group 8 + yrs	12.30-14.00
20th Fri	Youth Group 10-15yrs	18.00-19.30
20th Fri	Skateboarding Pioneer Club Age 9+yrs	17.30-18.30
21st Sat	Free Family Football Drop-In Birchwood	16.00-17.00
26th Thur	Bushcraft/Stem Home Ed 4 + yrs	10.30-12.00
27th Fri	Welcome Space Community Drop-In	10.00-12.30
27th Fri	Therapeutic Gardening Home Ed Group 8 + yrs	12.30-14.00
28th Sat	Potential Tracks Train Train Club 12 + yrs	12.00-14.00
28th Sat	Soft Archery 8+ Birchwood leisure centre	16.00-17.00

For further information on any of our Activities or Educational Services please email us at info@potentialkids.org

the gallery

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BOOKINGS at
potentialkids.org.uk/events

PK Hub & Garden



Therapeutic Gardening
 1:1 & Group Sessions.
 Volunteers Needed



Danecroft Stables



Pony Days



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Communication,
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 Support for All





Families In Focus CIC
LOOKING FORWARD TOGETHER

A complete guide to parenting children with Autism & ADHD

(inclusive of those on assessment pathways)

**Our evidence-based, online, interactive courses for
parents of children aged 2 to 11 years will:**

**Increase understanding of Autism, ADHD, Sensory
Processing and children's behaviours.**

**Also included, how to understand and support
siblings, understanding EHCP's, and up to date
information on local service's and how to access
them.**

**We provide tried and tested strategies to increase
understanding for a calmer and happier family life.**

Tuesdays

9.30am to 11.30am or 6.30pm to 8.30pm

September 9, 16, 23, 30 &

October 7, 14 &

November 4, 11, 18,

**Email Francine & Lesley:
bookings@familiesinfocus.co.uk**



Funded by Hertfordshire CC
and free places for Hertfordshire parents



Families In Focus CIC
LOOKING FORWARD TOGETHER

Handling anger of children with Autism & ADHD

(and those on assessment pathways)

**Our evidence based online, interactive course
for parents of children aged 4 to 11**

**help parents to increase understanding of
Autism, ADHD, Sensory needs and
children's emotional regulation.**

**We provide tried & tested strategies for a
calmer and happier family life or all.**

Wednesdays

9.30am to 11.30am or

12.30pm to 2pm or

6.30pm to 8.30pm

September 10th 17th 24th & October 1st 8th 15th

Email Francine and Lesley today:

bookings@familiesinfocus.co.uk



Funded by Hertfordshire CC with limited free places available for
Hertfordshire parents