



Intimate Care Policy

Reviewed: Jan 2026 Next review: Jan 2027

This policy represents the agreed principles for intimate care throughout the school. This policy has been agreed by all staff and governors within the school.

Our vision at Summerswood Primary School is:

- “for all children to become well rounded confident, responsible members of the community who make successful life choices to reach their full potential.”

The purpose of this policy is:

- To safeguard the rights and promote the best interests of the children.
 - To ensure children are treated with sensitivity and respect, and in such a way that their experience of intimate care is a positive one.
 - To safeguard adults required to operate in sensitive situations.
 - To raise awareness and provide a clear procedure for intimate care.
 - To inform parents/carers in how intimate care is administered.
 - To ensure parents/carers are consulted in the intimate care of their children.
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- This Policy will be reviewed every 2 years or earlier if necessary.

Principles

It is essential that every child is treated as an individual and that care is given as gently and as sensitively as possible. As far as possible, the child should be allowed to exercise choice and should be encouraged to have a positive image of his/her own body. It is important for staff to bear in mind how they would feel in the child's position. Given the right approach, intimate care can provide opportunities to teach children about the value of their own bodies, to develop their safety skills and to enhance their self-esteem. Parents and staff should be aware that matters concerning intimate care will be dealt with confidentially and sensitively and that the young persons' right to privacy and dignity is maintained at all times.

Definition

Intimate care includes the following:

- Supporting a pupil with dressing/undressing.
- Providing comfort or support for a distressed pupil.
- Cleaning a pupil who has soiled him/herself, has vomited or feels unwell

Supporting dressing/undressing

Sometimes it will be necessary for staff to aid a child in getting dressed or undressed particularly in Nursery and Reception. Staff will always encourage children to attempt undressing and dressing unaided.

Providing comfort or support

- Children may seek physical comfort from staff (particularly children in Nursery and Reception).
- Where children require physical support, staff need to be aware that physical contact must be kept to a minimum and be child initiated.
- When comforting a child or giving reassurance, the member of staff's hands should always be seen and a child should not be positioned close to a member of staff's body which could be regarded as intimate.
- If physical contact is deemed to be appropriate staff must provide care which is suitable to the age, gender and situation of the child.
- If a child touches a member of staff in a way that makes him/her feel uncomfortable this can be gently but firmly discouraged in a way which communicates that the touch, rather than the child, is unacceptable. (See Policy on Child Protection).

Soiling

- Intimate care for soiling should only be given to a child after the parents have given permission for staff to clean and change the child.
- Parents who have children in the Early Years Foundation Stage may sign a permission form (see Appendix 1) so that the Early Years staff can clean and change their child in the event of the child soiling themselves. If a parent does not give consent, the school will contact the parents or other emergency contact giving specific details about the necessity for cleaning the child.
- If the parents/carers or emergency contact is able to come within a few minutes, the child is comforted and kept away from the other children to preserve dignity until the parent arrives. Children are not left on their own whilst waiting for a parent to arrive, an adult will stay with them, giving comfort and reassurance. The child will be dressed at all times and never left partially clothed. If a parent/carer or emergency contact cannot attend, the school seeks to gain verbal consent from parents/carers for staff to clean and change the child. This permission will be sought on each occasion that the child soils him or herself.
- If the parents and emergency contacts cannot be contacted, the Head Teacher will be consulted. If put in an impossible situation where the child is at risk, staff will act appropriately and may need to come into some level of physical contact in order to aid

the child. When touching a child, staff should always be aware of the possibility of invading a child's privacy and will respect the child's wishes and feelings.

- A Home-School agreement for those known children needing such specific care is written, signed and dated by the school and the family. This agreement will outline the responsibilities and requirements of the school and the parent/carer.

Cleaning and hygiene

If a child needs to be cleaned, staff will make sure that:

- Protective disposable gloves and aprons are worn.
- The procedure is discussed in a friendly and reassuring way with the child throughout the process.
- The child is encouraged to care for him/herself as far as possible.
- Physical contact is kept to the minimum possible to carry out the necessary cleaning.
- Privacy is given appropriate to the child's age and the situation.
- All spills of vomit, blood or excrement are wiped up and flushed down the toilet and/or disposed of in the hygiene unit.
- Any soiling that can be, is flushed down the toilet
- Soiled clothing is put in a plastic bag, unwashed, and sent home with the child
- All staff must be familiar with normal precautions for avoiding infection. They must follow basic hygiene procedures and have access to protective, disposable gloves and aprons.

Staff

- Designated members of staff should be assigned to cleaning a child they work with. These members of staff should be outlined in the specific home-school agreements for known children requiring intimate care.
- It is not appropriate for volunteers to carry out intimate care procedures.

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Appendix 1

Permission form for the Provision of Care

If a child wets or soils themselves while they are at school it is important that measures are taken to have them changed (and if necessary cleaned) as quickly as possible. Our staff are experienced and trained at carrying out this task if you wish them to do so or, if preferred, the school can contact you or your emergency contact who will be asked to attend without delay. Summerswood Primary School has an Intimate Care Policy which is available to view on our website (<http://www.summerswood.herts.sch.uk>) or ask for a copy from the office.

Please fill out the permission slip below stating your preference.

Yours sincerely,

Miss Kneller
Headteacher

CONSENT FORM

Name of Child: _____

Class: _____

Please delete as appropriate

*I give consent for my child to be changed and cleaned by staff if they wet/soil themselves while in the care of Summerswood Primary School.

*I do not give consent for my child to be changed and cleaned if they wet/soil themselves.

The school will contact me or my emergency contact and I will organise for my child to be cleaned and changed. I understand that in the event that I (or the emergency contact) cannot be contacted the staff will act appropriately and may need to come into some level of physical contact in order to aid the child.

Signature of Parent/Carer: _____

Date: _____