



Friday 13th September 2024

Dear Families,

This week we've loved welcoming our Reception and Nursery students to school. What a wonderful start they've had! Our Early Years Team have felt really proud of the progress the children have made in their first few days at school.

Thank you to our Year 1 to 6 families who were able to attend our Meet the Teacher sessions this week. The teacher's will be sending out the PowerPoint as soon as they can so all families have the same information at the start of the year. Thank you to everyone who has made sure their child is wearing the appropriate school uniform. Please remember we do have rules for the children's PE kits – white tshirt (or school polo) and navy/black shorts or jogging bottoms. Shorts need to be just above the knee. Thank you for your support.

Luke's Celebration of Life



This week, a number of staff were able to attend Luke's Celebration of Life. It was a beautiful and heartbreaking service in equal measure. Thank you to all our families for supporting us in our school celebration of his life today by sending your child in with a donation and filling our school with bright colours. Children from Luke's class and staff created flowers that were put together in the symbol of a Summerswood Superstar – this accompanied Luke on his final earthly journey.

For those who didn't know Luke, he was a real character who lit up a room with his cheeky grin, infectious laughter and demands that we always seemed to be able to fulfil. Even as he faced health battles, he remained positive, determined and full of joy. He was a thrill-seeker who loved riding the fastest rollercoasters at Disneyland Paris and watching other people ride them on YouTube! Luke showed us the power of courage and the importance of coming together to support one another. He may have been just nine years old, but his impact was enormous, and we are heartbroken he's no longer here with us.

For those who have been asking, please see the link for our fundraising appeal: <https://gofund.me/84f6f3d3>.

Attendance for Week ending 6th September

RPeterPan	RRosen	1Anning	1Donaldson	2Attenborough	2Johnson	3Rashford
N/A	N/A	96.6%	91%	94.8%	93.5%	91.5%

3Wicks	4Queen	4Thunberg	5Boseman	5Southgate	6Malala	6Obama
95.6%	94.2%	90.6%	95%	87.5%	90.1%	100%

✓ **Well done to 6 Obama for a brilliant first week of attendance! All of the pupils in this class may come in to school in non uniform this coming Monday 16/09/2024 as a reward.**

We look forward to seeing many more 100% class attendances over the rest of the school year 😊
For your information, the government expects overall school – and individual children's – attendance to be at least 96%.



If your child is unwell, please call the school office on **0208 953 3139** to leave a voicemail or speak to Miss Dowdall. You can also email attendance@summerswood.herts.sch.uk as soon as possible to let us know.

Please do try to make routine dentist and other medical appointments outside of school hours where possible. If you do need to make these appointments within school hours, please let us know as soon as possible and send evidence of the appointment to the attendance email or bring it in to the office.

If you have any questions or worries about attendance please do call or email Miss Dowdall who will be happy to discuss these with you.

Neurodiversity Handbook

Hertfordshire County Council and the NHS have shared with us the exciting and new 'Supporting your Neurodivergent Child' handbook that has been developed for Hertfordshire parent/carers and professionals. The [Neurodiversity Handbook](#) has useful resources, support and signposting on a whole range of things relating to Neurodiversity. The resource is accessible to all regardless of whether a young person has a diagnosis or not, and can be used at any point during a young person's journey. Click on the link above to access the resource.

Reminders

We have heard from more of our neighbours this week about obstructive and dangerous parking around the school during drop off and collection times. **Please remain mindful of where you are parking when you are transporting your children to and from school.**

This week's fun fact!

The fear of Friday the 13th has two names: Friggatriskaidekaphobia and Paraskevidekatriaphobia.

Kind regards,

Sarah Kneller
Headteacher



<u>Date</u>	<u>Event</u>
26 th September 2024	5S trip to Jump In
24 th October 2024- TBC	School Disco

Apply for school on time



Applying for a school place for September 2025

Secondary/Upper/Studio/University Technical College
Application deadline: Thursday 31 October 2024

Primary (Reception)/Junior/Middle
Application deadline: Wednesday 15 January 2025

Apply online at
www.hertfordshire.gov.uk/admissions



Children's Wellbeing Practitioner Workshops October-December 2024

Workshops are open to all young people & parents/carers of children and young people who attend a school or are registered to a GP in Hertfordshire. A referral is not needed to access a workshop.

All workshops are currently being delivered online via Microsoft Teams. For more information about what each workshop covers and to book a place onto a workshop, visit the Children's Wellbeing Practitioner Eventbrite page: <https://www.eventbrite.co.uk/o/hct-childrens-wellbeing-practitioners-33494371787>

Workshop	Date & Time
<p style="text-align: center;">Emotional Wellbeing (For Young People 11-16)</p> <p>A workshop focused on adolescents managing their own emotional wellbeing and things parents/carers can do to help.</p>	Thursday 21 st November 6-8pm
<p style="text-align: center;">Supporting Adolescents with Self-Esteem and Resilience</p> <p>A workshop focused on adolescents improving their self-esteem and what parents can do to support.</p>	Thursday 28 th November 6-8pm
<p style="text-align: center;">Supporting your Child's Self-Esteem and Resilience</p> <p>A workshop focused on parents/carers supporting their child to improve their self-esteem.</p>	Monday 28 th October 6-8pm Wednesday 11 th December 10-12pm
<p style="text-align: center;">Supporting with Sleep Difficulties</p> <p>A workshop supporting children and adolescents with managing their sleep difficulties and how parents/carers can help.</p>	Wednesday 2 nd October 6-8pm Monday 2 nd December 6-8pm
<p style="text-align: center;">Developing your Child's Emotional Literacy</p> <p>A workshop focused on parents supporting their child with developing emotional literacy.</p>	Tuesday 1 st October 10-12pm Monday 4 th November 6-8pm Thursday 12 th December 10-12pm
<p style="text-align: center;">General Emotional Wellbeing and Regulation Tips for Parents</p> <p>A workshop focused on parents supporting their child's general emotional wellbeing and emotional regulation.</p>	Tuesday 15 th October 10-12pm Monday 11 th November 10-12pm Tuesday 17 th December 6-8pm

To access the recorded **Emotionally Based School Avoidance Webinar** please visit: <https://www.hct.nhs.uk/service-details/service/childrens-wellbeing-practitioners-21/>

Looking for healthy after-school snack ideas?



Beezee FAMILIES



We've got you covered!

Our free, Beezee Families healthy lifestyle programme can help your family make healthy habits.

Tuck into these healthy snacks:



- Two wholegrain crackers and tzatsiki
- Rice cakes or corn cakes
- Two crackers with a spread of low-fat cream cheese and cherry tomatoes
- Plain or Greek yoghurt and fruit
- 150ml homemade fruit smoothie
- Vegetable sticks (carrot/pepper/cucumber) with hummus
- Fruit kebabs

- Wholegrain toast with a thin layer of peanut butter
- Breadsticks
- Handful of dried fruit
- Dried apple slices (slice into 1/4 inch circles, bake at 200 degrees until dry)
- Handful of homemade popcorn
- Homemade fruit ice lollies
- Apple slices with peanut butter.



24-2316

Want more healthy lifestyle support?

Check out our website to find out how we can help your family.*

Scan here

or

Click the link



hrt.maximusuk.co.uk

*Our courses are designed for families with children aged 5 and up.

Hertswood Academy, Cowley Hill, Borehamwood, WD6 5LG

Herts Inclusive Theatre

COME FOR A FREE TASTER

HERTS INCLUSIVE THEATRE

BOREHAMWOOD

SPACES NOW AVAILABLE!

Our Borehamwood theatre group is for children aged 9 - 16, inclusive to all abilities and runs every Tuesday during term time, 5:45pm - 7:00pm. It is a great place for building confidence, improving well-being, learning new skills and making new friends.

admin@hit-theatre.org.uk / 01727 221414 / www.hit-theatre.org.uk

HIT is a registered charity 1180955

STUDY SMART Free Online Courses | **aspire Education** | **ncfe** | **cache** | **Education & Skills Funding Agency**

Fully Funded School Support Course
www.studysmartuk.online

Levels 1, 2 & 3

CACHE Certificate in Understanding Safeguarding & Prevent
CACHE Certificate in Understanding Challenging Behaviours
CACHE Certificate in the Principles of SEN

Six Week Course
Mon - Fri
9:30 - 11:30am
12:30 - 2:30pm
4 - 4:30pm
(last optional session for reflection and support if needed)

Level 1:

- CACHE Level 1 Award in Preparing to Work in Schools
- CACHE Level 1 Award in Safeguarding in a Learning Environment
- CACHE Level 1 Certificate in Wellbeing
- Level 1 Occupational Studies for the Workplace

Level 2:

- CACHE Level 2 Certificate in Understanding Safeguarding & Prevent
- CACHE Level 2 Certificate in Understanding Challenging Behaviours

Level 3:

- Level 3 Certificate in the Principles of Special Educational Needs

Eligibility Criteria:

- Must Be Aged 19+
- Either Claim Benefits (Universal Credit, JSA, ESA, PIP, Income Support, Housing Benefits or any type of Tax Credit including Child Tax Credit).
- OR, be in employment, able to attend the sessions and earning less than £23,500 per year
- You Can't be a student or an International Student
- You Can't be an Asylum Seeker
- You Must have lived in the UK for a Minimum of 3 Years (Except if you are from the Ukraine).

Family Lives Autumn Term Programme 2024

Bringing Up Confident ADHD/ASD Children (6 weeks) Online group
Thursday 19th September to 24 October 7.00pm to 9.00pm OR
Tuesday 8 October to 19 November 9.30am to 11.30am

If your child has ADHD/ASD, or you think they might, join our free online group where you will receive support from other parents and gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school.

Less Shouting, More Cooperation (6 weeks) Online group
Monday 11 November to 16 December 9.30am to 11.30am

Do you feel you are constantly nagging or shouting at your child to get what you need? Join our free online group to help you be more effective at getting your child to cooperate and listen to you.

Dads Together
Wednesday 6 November to 11 December 7.00pm to 9.00pm

Calling all Dads - join our free online group, come along and receive support from other dads to help you be more effective at getting your child to cooperate and listen to you.

Anxiety around ADHD Online Workshop
Thursday 10 October 7-00pm to 9.00pm

Reducing Conflict Online Workshop
Tuesday 26 November 9.30am-11.30am

Sibling Rivalry Online Workshop
Thursday 12 December, 7.00pm to 9.00pm



SCAN ME!

For more information, please contact Louise on **0204 522 8700/8701**, or email **services@familylives.org.uk**. Please scan our QR code for our referral form.